

Dear Parents:

The St. Catherine's Montessori Booster Club would like to make you aware of our extra-curricular sports programs.

The enrollment size of SCM presents excellent opportunities for the Student Athlete. Our program encourages students at all levels to participate and learn new sports and skills that improve physical conditioning and also provide competition with other schools. We participate in the Galveston Houston Catholic Athletic Association, so our student compete against other Catholic schools in the Archdiocese.

Each level has the opportunity to participate in a sports program. All practices are held here at school. We encourage any interested students to participate, even if they aren't able to attend all practices. We will do our best to incorporate them into the program of their skill level, but can't guarantee equal play time with those players that practice daily.

Primary offers the opportunity of primary soccer.

Lower Elementary has the opportunity to participate in the Track program beginning in the 3rd level. Track starts in the spring, usually late February or early March. Practices are in the afternoons after school for about an hour. There are 4 track meets each year for these runners. This is a less competitive program, and everyone receives a ribbon.

Upper Elementary and Adolescent Community have the following programs beginning in the 4th level:

Possible Levels (we rarely field 3 teams in a sport – not enough students):

Varsity:	8th level and below
Junior Varsity:	7th level and below
"C" Team:	6th level (and below – for St. Catherine's)

Most of our 4th and 5th level students will not usually "play up" to JV and V (unless they are exceptional players), and may see less play time because most other schools are playing only 6th level students as their lowest grade on the C team. It's not always safe for our lower levels to play until their skill level is appropriate. Also, it takes away play time from the 6th level students. However, we encourage them to practice and start improving their skill level as soon as they are interested.

Seasonal Sports:

Fall:

Co-ed Soccer and or Girl's Volleyball: both of these sports have practices usually beginning in August, usually two weeks before school starts, but the games do not start until after school begins. Practice is 3:30 – 5:00. The season ends in mid-October.

Winter:

Boy's and Girl's Basketball: Practices begin in late October and games begin in November. This sport ends in mid-February. Practice is 3:30 – 5:00.

Spring:

Track and Field: practices begin in mid-February. The finals are the first weekend in May. Various events practice at different times from 3:30 – 5:00.

Sixth through eighth levels compete in the events of track and field. Field events start at 8:00 and include Long Jump, Shot, and Discus. Each event has 6th, 7th, and 8th grade divisions for Girls and Boys. Running events include the 100, 200, 400, 800, and 1600 meter runs along with hurdles.

3rd through 5th level participants run at 8:00am in Saturday track meets, before the 6th level runs. The events are the 100 and 200 meters and sometimes a 400 meter relay. Participation ribbons are given to these runners.

We hope to see your child participating in one of our programs.

If you have any questions feel free to email or call me.

Sincerely,

Heather Cuthrell

Booster Club President