

## Primary and Lower Elementary Soccer

St. Catherine's Montessori Primary and Lower Elementary Soccer is a parent volunteer run activity for our younger students. This is a noncompetitive soccer league. There are no goalies and the score is not kept. The emphasis is on sportsmanship, learning beginner soccer skills, teamwork and fun.

The practices and games are held Saturday mornings from 9:00 – 10:30 with a Fall and Spring season. Parents serve as coaches, and all parents are welcome to participate, regardless of soccer experience.

Read below for rules of the game and [click here to download a Participation Release Form](#). Details for signing up will be announced prior to the start of the season.

### Primary/Lower Elementary Soccer Guidelines

**Dates:** Fall and Spring dates TBA. Saturday mornings, 9:00-10:30 am. Each session will include a 30-45 minute practice and a 30-40-minute game

**Format:** Primary: Micro soccer format. 3 on 3. No goalie. Small field 25 yds x 35 yds. No score is kept. Lower El: Micro soccer format. 4 on 4. No goalie. Field size 30yds x 40yds. No score is kept.

**Location:** St. Catherine's Montessori Athletic Field

**League Fee:** \$20

#### Equipment Needed for Each Player:

**Ball:** Each player must bring a size 3 ball with his/her NAME on it. Shin

**Guards:** Each player must wear shin guards at all practices and games.

Soccer Cleats are recommended but not required. No metal cleats allowed.

**Volunteers Needed:** Volunteers are needed to assist in practice and games.

**Liability Form:** Each player must have a signed liability form (participation release) before participating. These will be collected before the first game. Virtus training is not a requirement for parent participation, but is encouraged. Please [click here to download Participation Release Form](#)

**Practice and Game Guidelines:** Practice Format – All players will do practice drills together. Game Format – After the practice session is complete the players will be broken into different teams and they will begin the game. The teams will be made up with a balanced skill set. Each week the teams can be made up of different players.

**Things Parents Need To Know:** Players who lose interest or are too tired to play will be asked to sit on the sideline and support their team. We ask that parents try to encourage the children to watch and support their teammates and get back into the practice/game when rested. A responsible adult for each player MUST be onsite at all times.